

# *Leabank Primary School*



HE AKONGA MUTUNGA KORE

*Newsletter*

*for*

*Friday 11<sup>th</sup> March 2022*

*Dr Pickering Avenue, Manurewa, Auckland*  
*School Telephone: 267 6939 – School Fax: 267 3053*  
[www.leabank.school.nz](http://www.leabank.school.nz)

Greetings, Tena koutou, Kia orana, Talofa Lava, Fakalofa Lahi Atu, Malo e Lelei, Namaste, Hola, Ni hao, Xin chao.

Dear Parents/Caregivers

Term 1 - Week 6

## SCHOOLING AT THE MOMENT

It has not been a normal year with the onset of the Omicron virus, so many changes in regulations and so many children and staff needing to be isolated. We have managed to keep operating by maintaining our bubbles and applying health and safety risk management practices. With so much change in either staff or children in attendance each day many classroom routines and even relationships are still needing to be re-established. In order to get back to some form of normality, we do need to see a lift in regular attendance again so that teachers and students can get to know each other as a class. We do realise that the situation will continue for a while as new cases emerge but also need to try and establish a more normal schooling environment.

After today the isolation period for positive COVID-19 cases reduces to seven days unless symptoms persist. The isolation is for the household and classes will not be closed unless we are too short of staff. Please keep safe and keep in touch and we will get through this.

## ISOLATION PERIOD REDUCED FROM 10 TO 7 DAYS

- Isolation periods are being shortened. From 11:59pm Friday 11 March, people with COVID-19 and their household contacts must isolate for 7 days, not 10 days
- Household Contacts will need to test on Day 3 and Day 7.
- Once you have recovered from COVID-19, you will not need to isolate again for 3 months, if someone else in your household tests positive during that time. This is an increase from 1 month.

**Test results** Covid19.govt.nz/positive

**Positive result**  
For most people, COVID-19 will cause mild to moderate symptoms that can be managed at home.

**Negative result**  
There's no need to isolate. Enter your result at My COVID Record. Stay vigilant.

**Report your test result**  
1. Enter your positive RAT result at My COVID Record or call 0800 222 478.  
2. A text message will be sent to you within 24 hours with further information and support.

**Let people know**  
Inform others your household has COVID-19 and is isolating, like regular visitors, your work, education provider or school.

**Got any symptoms?** Covid19.govt.nz/positive

Cough  Temporary loss of taste   
Sneezing and runny nose  Sore throat   
Fever  Shortness of breath

**Where to get a test**  
Get a test at a community testing centre. You can order a Rapid Antigen Test (RAT) online at [requestrats.covid19.health.nz](https://requestrats.covid19.health.nz) and collect from a collection site, which can be found on [healthpoint.co.nz/covid-19](https://healthpoint.co.nz/covid-19)

**Organise a test and isolate from the rest of your household.**

**No symptoms?**  
Unless you are a household contact, there is no need to get a test.

**Do the RAT**  
• Follow the packet instructions.  
• Results will be visible 15 to 20 minutes after you complete your test.

**How to self-isolate** Covid19.govt.nz/positive

**Household contact**  
While isolating, your household contacts will need to be tested.  
• If a household contact tests positive, they will need to self-isolate starting from the day of their symptoms or positive test result.  
• The rest of your household contacts can end their self-isolation at the same time as you.

**Monitor your symptoms**  
Seek advice if symptoms get worse by calling Healthline on 0800 358 5453.  
If it's an emergency call 111 immediately.

Unite against COVID-19  
Te Kāwanatanga o Aotearoa  
New Zealand Government

## ONLINE ENROLMENTS

Online Enrolments are finally here. Enrolment for Leabank School can now be done online. After you have checked that you are living in-zone, please make sure that you have the required documents ready in a **.pdf format** before going online to enrol. Visit our school website, click on 'Our School' and select 'Enrolment'. Once you click on the Online Enrolment link, you will be asked to enter an email address before you proceed to fill out the forms.



If you are having trouble with the Online Enrolments, please call the school office to collect an enrolment pack. Please ensure you bring a copy of your child's birth certificate or child's passport, proof of address (this can be a bill with your name and address on it), plunket book or your child's updated immunisation records. Please note that we will not accept bank statements to be used as proof of address.



## SWIMMING

A reminder to all parents that swimming is compulsory for all students as it is part of our school curriculum. The importance of learning to swim and survive in the water is paramount. Please ensure your child brings appropriate swimwear to school on their allocated swimming days.

If for some reason your child is unwell and cannot participate in the swimming lesson, **YOUR CHILD IS REQUIRED TO BRING A SIGNED AND DATED NOTE TO EXPLAIN THE REASON FOR NOT PARTICIPATING IN SWIMMING.** We would appreciate your efforts and cooperation in this area.



## UPCOMING EVENTS THIS TERM

Thursday 14 <sup>th</sup> April	-	End of Term 1
Friday 15 <sup>th</sup> April	-	<i>Good Friday</i>
Monday 18 <sup>th</sup> April	-	<i>Easter Monday</i>
Monday 19 <sup>th</sup> April	-	<i>Easter Tuesday</i>
Monday 25 <sup>th</sup> April	-	<i>Anzac Day</i>



Yours sincerely

R W Maddren  
Principal

## THE LEABANK COMMUNITY CENTRE NOTICEBOARD

[www.leabank.school.nz](http://www.leabank.school.nz)

**JULIE SEGI, COMMUNITY LIAISON OFFICER**

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021 0293 7189

09 267 6939 ext 208

**RONICA LESA, SOCIAL WORKER IN SCHOOL**

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09 267 6939 ext 209



Diabetes is costing too much. It's taken lives, health & hope away from our families & communities.

**HOPE@Home is designed to break the cycle of diabetes in our community.**

HOPE@Home program brings families together to learn about healthy food choices & physical activities while honouring cultural practices.

Our program is a culturally interactive, fun journey focused on healthy and active living. HOPE@Home is delivered online, and it includes all generations.

**If you want to participate, please contact:**

**HOPE Champion:**

**Julie Segi**

(e): [julies@leabankschool.nz](mailto:julies@leabankschool.nz)

(m): 021 029 37189

The HOPE@Home has 4 interactive sessions, a 4-week family challenge and a follow-up session at one month.

**Breaking the cycle of diabetes in your community**

Week One: Learn about diabetes

Week Two: Healthy Food Choices

Week Three: Practical physical activities for your family

Week Four: Action Planning

Week Five - Eight: 4 week family challenge

**“Nāu te rourou, naku te rourou, ka ora ai te iwi”**



**With your food basket and my food basket, the people will thrive**