# Leabank Primary School



HE AKONGA MUTUNGA KORE

Newsletter

## for

## Friday 18<sup>th</sup> March 2022

Dr Pickering Avenue, Manurewa, Auckland School Telephone: 267 6939 – School Fax: 267 3053 <u>www.leabank.school.nz</u> Greetings, Tena koutou, Kia orana, Talofa Lava, Fakalofa Lahi Atu, Malo e Lelei, Namaste, Hola, Ni hao, Xin chao.

Dear Parents/Caregivers

Term 1 - Week 7

#### STUDENTS WORK

#### DAIRY COWS

Dairy Cows are animals that produce milk by eating grass. They have four stomachs. The people that look after cows are dairy farmers. Dairy farmers make the cows happy when the dairy farmers take care of them. They make sure that the cows are healthy and happy and can make good quality milk. Cows are milked two or three times a day.

It takes ten minutes to milk one cow. The milk from the cows is stored in a refrigerated tank. The refrigerated tank keeps the milk nice and cool. The milk from the cows is picked up in the refrigerated truck and the truck takes the milk to the plant. At the milk plant the milk is pasteurised. They heat the milk to a high temperature to remove any harmful bacteria. After heating the milk they homogenised the milk so then it can be creamy and smooth.

Homogenised is a simple process that mixes and spreads the milk fat to break it down to small pieces. After the process, it's either put into a bottle or a carton. Then it's labelled by the huge machines after it's delivered in the refrigerated truck to the shop.

By Izaiah Rawhiti

### DAIRY COWS

Dairy Cows are animals that produce milk by eating grass. Dairy farmers have a really important job to do. They have to make sure that the dairy cows are happy and healthy and can produce good quality milk. The cows are milked in a milking shed.



They are milked 2-3 times a day. The milking process only takes ten minutes. After the cows are milked the farmers put all the milk in a refrigerated tank. A refrigerated truck comes to pick up the milk and delivers it to a milk plant. At the milk plant the milk is pasteurised to remove any harmful bacteria. That means the milk is heated to a high temperature.

To keep the milk creamy and smooth we have to homogenise it. Homogenisation is a simple process that mixes and disperses into small pieces. After this process the milk is poured into bottles or cartons. Then the huge machines label them and refrigerated truck delivers them to the shops.

By Shravya Kumar



#### UPDATING CAREGIVER DETAILS

Please make sure that your contact details are up to date, as we often need to contact families about a sick child or children who may have not been picked up after school. We also need up-to-date emergency contact details. It is really important that we have up-to-date contact details should we need to

contact you if there is an emergency, lockdown or other events regarding your child.

#### 2022 ENROLMENTS

Online Enrolments are finally here. Enrolment for Leabank School can now be done online. After you have checked that you are living in-zone please make sure

that you have the required documents ready in a .pdf format before going online to enrol. Visit our school website, click on 'Our School' and select 'Enrolment'. Once you click on the Online Enrolment link, you will be asked to enter an email address before you proceed to fill out the forms.

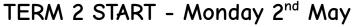
If you are having trouble with the Online Enrolments, please call the school office to

collect an enrolment pack. Please ensure you bring a copy of your child's birth certificate or child's passport, proof of address (this can be a bill with your name and address on it), plunket book or your child's updated immunisation records. Please note that we will not accept bank statements to be used as proof of address.

#### UPCOMING EVENTS

Thursday 14<sup>th</sup> April - End of Term 1

Friday 15<sup>th</sup> April - Good Friday (falls during school break) Monday 18<sup>th</sup> April - Easter Monday (falls during school break) Monday 25<sup>th</sup> April - Anzac Day (falls during school break)



Yours sincerely

R W Maddren Principal







Enrol Now!

#### THE LEABANK COMMUNITY CENTRE NOTICEBOARD www.leabank.school.nz JULIE SEGI, COMMUNITY LIAISON OFFICER 021 0293 7189 julies@leabank.school.nz 09 267 6939 ext 208 RONICA LESA. SOCIAL WORKER IN SCHOOL ronical@leabank.school.nz 09 267 6939 ext 209 PACIFIC **08 1** Te Gana Tuvalu Fäeag Rotuam 01Tuvalu Language Week **Rotuman Language Week** ОСТ Vosa Vakaviti 02+08 29,04 Gagana Samoa /FFKS Fijian Language Week JUN Samoa Language Week Vagahau Niue 6,22 0,16 Te Taetae ni Kiribati ××××× ××××× ××××× Niue Language Week OCT JUL Kiribati Language Week 23+29 Te Gagana Tokelau 31,06 Te Reo Māori Kūki 'Āirani Tokelau Language Week Cook Islands Māori Language Week 04 + 10Lea Faka-Tonga Tonga Language Week



Diabetes is costing too much. It's taken lives, health & hope away from our families & communities.

HOPE@Home is designed to break the cycle of diabetes in our community.

HOPE@Home program brings families together to learn about healthy food choices & physical activities while honouring cultural practices.

Our program is a culturally interactive, fun journey focused on healthy and active living. HOPE@Home is delivered online, and it includes all generations.

**Julie Segi** (e): julies@leabankschool.nz (m): 021 029 37189

The HOPE@Home has 4 interactive sessions, a 4-week family challenge and a follow-up session at one month.

Breaking the cycle of diabetes in your community

Week One: Learn about diabetes Week Two: Healthy Food Choices Week Three: Practical physical activities for your family Week Four: Action Planning Week Five - Eight: 4 week family challenge

"Nāu te

With your food basket and my food basket, the people will thrive



#### DIGITAL LITERACY BASIC COMPUTER COURSE ONLINE **AVAILABLE FOR OUR SCHOOL COMMUNITY**

Free computer course and purchase a \$60 new Chromebook. We have an affordable Internet access of \$5 per month for 30GB for those who have no Wi-Fi at home.

If you are in need of a Chromebook in your family. Come along and complete this program.

WINZ can support those who need assistance with payments, contact me for more details.

Sign up with your Full name and Date of Birth, these should match your Passport or Birth Certificate.

Julie Segi 02102937189 Julies@leabank.school.nz

20/20



Commitment to all classes and up to 30 hours.

Criteria: Ages 16-64yrs. Have NO Qualifications. less than 80 credits.

Sign up now!

rourou, naku te rourou, ka ora ai te iwi"